

**Rodwell House**  
**Menu Week 1**

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Early Drink	Tea, Coffee or Juice						
Breakfast	Cereals/Porridge & Toast available every day						
	Scrambled eggs on toast	Toasted crumpets	Poached eggs on toast	Croissants	Scrambled eggs on toast	Bacon sandwich	Sausage sandwich
Mid-morning	Tea, Coffee, Water or Squash with Biscuits						
Lunch	1. Chili Con Carne Served with Rice, Swede & Carrot 2. Cauliflower Cheese Served with Mash & Veg	1. Sausage Casserole Served with Potatoes, Green Beans & Cauliflower 2. Mushroom Risotto	1. Beef Mince Cobbler Served with Potatoes, Sprouts & Carrot 2. Jacket Potatoes with Beans Or Cheese, Salad	1. Chicken, Ham & Leek Pie served with Potatoes, Savoy Cabbage & Baby Carrot 2. Vegetable Nuggets Served with Mash Potatoes & Vegetable	1. Salmon Fish Cake Served with Lemon & Tartar Sauce, Chips & Peas 2. Pigs In Blankets, Mash Potatoes & Vegetable	1. Lasagne Served with Garlic Bread & Mix Vegetable 2. Cheese & Onion Omelets/Salad	1. Roast Chicken Served with Stuffing, Roast Potatoes & Cranberry Sauce, Brussels Sprouts & Carrot 2. Leek In Cheesy Sauce
	Apple, Cinnamon & Sultanas Crumble	Raspberry Arctic Roll	Lemon & Poppy Seed Cake with Custard	Peach & Cream Fruit Flan	Crème Caramel	Lime & Coconut Rice Pudding	Black Forest Gateaux
Evening Meal	<ul style="list-style-type: none"> <li>• Pea &amp; Mint Soup</li> <li>• Pork Pies Served with Pickle, Salad, Bread &amp; Butter</li> <li>• Chocolate Delight</li> </ul>	<ul style="list-style-type: none"> <li>• Red Lentil &amp; Tomato Soup</li> <li>• Cheese &amp; Onion Pasties Served with Salad</li> <li>• Blackcurrant Or Lemon Stuffed Cup Cake</li> </ul>	<ul style="list-style-type: none"> <li>• Carrot &amp; Coriander Soup</li> <li>• Spaghetti On Toast</li> <li>• Semolina Jelly</li> </ul>	<ul style="list-style-type: none"> <li>• Tomato &amp; Basil Soup</li> <li>• Bubble &amp; Squeak</li> <li>• Banana &amp; Chocolate Custard</li> </ul>	<ul style="list-style-type: none"> <li>• Leek &amp; Potatoes Soup</li> <li>• Stuffed Jacket Potatoes with Ham &amp; Cheese</li> <li>• Flap Jack</li> </ul>	<ul style="list-style-type: none"> <li>• Broccoli &amp; Stilton Soup</li> <li>• Selection Of Sandwiches , Bread Rolls &amp; Crisps</li> <li>• Golden Crispy Cake</li> </ul>	<ul style="list-style-type: none"> <li>• Winter Vegetable Soup</li> <li>• Selection Of Sandwiches, Bread Rolls &amp; Crisps</li> <li>• Vanilla Ice Cream</li> </ul>
Late Evening	Milky drink Biscuits						

- Water & fruit squash available throughout the day in the resident's lounges
- Water jugs available in residents' rooms during the night.
- Hot drinks & biscuits offered if residents wake during night.
- Alternatives available at each meal time & fresh fruit

*Some of our dishes may contain allergens. Please ask our Chef for further information.*