

Rodwell House
Menu Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Early Drink	Tea, Coffee or Juice						
Breakfast	Cereals/Porridge & Toast available every day						
	Scrambled eggs on toast	Crumpets	Poached eggs on toast	Fried eggs, black pudding & beans	Hot Croissants	Bacon sandwich	Sausage sandwich
Mid-morning	Tea, Coffee, Water or Squash with Biscuits						
Lunch	<ul style="list-style-type: none"> • Cold meat platter served with baby potatoes, savoy cabbage, carrot and pickle • Poached fish served with potatoes and vegetable 	<ul style="list-style-type: none"> • Meatballs served in gravy with mash potatoes and vegetable • Macaroni cheese 	<ul style="list-style-type: none"> • Cottage pie served with vegetable • Cheese and onion pasties served with potatoes and vegetable 	<ul style="list-style-type: none"> • 1.Thai green chicken curry served with rice and mix vegetables • Vegetable nuggets served with potatoes and vegetable 	<ul style="list-style-type: none"> • Cod served with lemon and tartar sauce, chips and peas • Ham, fried egg and chips 	<ul style="list-style-type: none"> • Pigs in blankets served with potatoes, broccoli and swede • Jacket potatoes swerved with baked beans or tuna/salad 	<ul style="list-style-type: none"> ○ Roast chicken, roast potatoes, cranberry sauce, • Brussels sprouts and carrot • leek in cheesy sauce
	<ul style="list-style-type: none"> • Lime trifle 	<ul style="list-style-type: none"> • Fruit cocktail 	<ul style="list-style-type: none"> • Semolina and mix fruit jam 	<ul style="list-style-type: none"> • Peaches and cream 	<ul style="list-style-type: none"> • Lime and Coconut Tray Bake 	<ul style="list-style-type: none"> • Jam Tart and Cream 	<ul style="list-style-type: none"> • Tangy Lemon Gateaux
Evening Meal	<ul style="list-style-type: none"> • leek and potatoes soup • selection of sandwiches, bread rolls and crisps • Neapolitan ice cream 	<ul style="list-style-type: none"> • Tomato and basil soup • egg mayonnaise served with bread and butter and salad • blackcurrant jelly 	<ul style="list-style-type: none"> • carrot and coriander soup • baked beans on toast • chocolate delight 	<ul style="list-style-type: none"> • Creamy mushroom soup • Tuna pasta bake • Lemon cup cakes 	<ul style="list-style-type: none"> • Roast parsnip and honey soup • Cheese and bacon turnovers served with salad • Golden crispy cake 	<ul style="list-style-type: none"> • Broccoli and stilton soup • selection of sandwiches, bread rolls and crisps • Jam doughnuts 	<ul style="list-style-type: none"> • Winter Vegetable Soup • selection of sandwiches, bread rolls and crisps • raspberry arctic roll
Late Evening	Milky drink Biscuits						

- Water & fruit squash available throughout the day in the resident's lounges
- Water jugs available in residents' rooms during the night.
- Hot drinks & biscuits offered if residents wake during night.
- Alternatives available at each meal time & fresh fruit

Some of our dishes may contain allergens. Please ask our Chef for further information.